























CLUB FAMILY TIMETABLE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|--|---|--|---|--|
|  J Gym 16:00pm Gym Floor |  J Gym 16:00pm Gym Floor |  J Dance 17:00pm Studio 1 |  Junior Athletics 17:15pm Studio 1 |  J Gym 16:00pm Gym Floor |  Junior Combat 10:15am Nightingale |  J Gym 11:00am Gym Floor |
|  J Combat 16:20pm Studio 1 |  Junior Fitness 16:30pm Studio 1 | | |  Junior Bootcamp 16:30pm Studio 1 |  J Gym 11:00am Gym Floor |  Junior Dance 11:30am Nightingale |
|  J Gym 18:00pm Gym Floor |  J Gym 18:00pm Gym Floor | | | |  J Gym 13:00pm Gym Floor |  J Gym 13:00pm Gym Floor |
| | | | | |  J Gym 17:00pm Gym Floor |  J Gym 15:00pm Gym Floor |
| | | | | |  J Gym 19:00pm Gym Floor |  J Gym 17:00pm Gym Floor |



CLUB FAMILY TIMETABLE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



J Gym

19:00pm
Gym Floor

Valid from 24/01/2022 to 28/01/2022.