







# CLUB FAMILY TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <b>J Gym</b> 16:00pm Gym Floor	 <b>J Gym</b> 16:00pm Gym Floor	 <b>J Gym</b> 16:00pm Gym Floor	 <b>J Gym</b> 16:00pm Gym Floor	 <b>J Gym</b> 16:00pm Gym Floor	 <b>Junior Combat</b> 10:15am Nightingale	 <b>Junior Dance Fit</b> 11:30am Nightingale
 <b>Junior Multisports</b> 16:15pm Studio 1	 <b>Junior Dance</b> 17:20pm Nightingale		 <b>Junior Combat</b> 16:30pm Studio 1	 <b>Junior Play</b> 17:00pm Nightingale	 <b>J Gym</b> 11:00am Gym Floor	
 <b>Family Group Cycle</b> 17:15pm Spin						

Valid from 04/12/2023 to 08/12/2023.